



New Approach to

ENVIRONMENTAL STUDIES



2

Myself



My name is _____

I am a _____ (boy/girl).

I am _____ years old.

I study in class _____.



I have _____ brothers and _____ sisters.

My home address is _____

The name of my school is _____

My class teacher is _____

My school principal is _____

I watch _____, _____
and _____ programmes on TV.

I play _____, _____ and
_____ with my friends.

My best friend is _____

My Best Friend



Hey! This is me.



My Likes

1. My favourite colour
2. My favourite TV show
3. My favourite day of the week
4. My favourite month of the year
5. My favourite vegetable
6. My favourite fruit
7. My favourite ice cream
8. My favourite toy
9. My favourite chocolate
10. When I grow up, I want to be



My Dislikes



1. The vegetable I do not like to eat
2. The fruit I do not like to eat
3. The game I do not like
4. When I grow up I don't want to be

ACTIVITY FUN

Draw or paste the following favourites.

Fruit

Ice cream

Chocolate

Game

Cartoon Character

Plaything/Toy

My Body

Different parts put together make our body. Some of these can be seen from outside such as hands, feet, nose and mouth, etc.



Feet



Hand



Ear



Nose



Eyes

At the same time many parts of our body are hidden. We cannot see them. These parts are brain, lungs, stomach, intestine, etc., and are known as internal organs.

🧠 Brain

Brain is the most important part of our body. It helps us to think and act.

It controls the movements of our body.



Brain

🧡 Heart

The heart pumps blood to all parts of our body.



Heart

2. Lungs

The lungs help us to breathe. When we breathe in, the lungs get filled with air.



Lungs



stomach

2. Stomach

The food that we eat, goes into the stomach where it is digested.

The stomach is like a bag.

2. Skeleton

Skeleton is a framework of bones.

It gives shape and form to our body.

2. Muscles

Our skin protects the muscles. Muscles cover the skeleton. Muscles help in movement. They protect the bones.

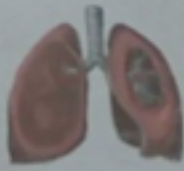


**did
you
know**

Every person in this world has a unique fingerprint, toe print, and tongue print.



A. Write the names of the given body parts. Take help from the clue box.



Clue Box

eyes, nose,
lungs, foot, hand,
ear, arm

B. Fill in the blanks.

1. Brain and _____ are called internal organs.
2. _____ is the most important part of our body.
3. _____ is like a bag.
4. _____ gives shape and form to our body.

C. The sentences given below are incorrect. Rewrite the sentences correctly in the space given below.

1. I see with my lungs.

2. My lungs pump blood to all parts of my body.

3. My heart helps me to breathe.

Worksheet

SEARCH BODY PARTS

The names of different parts of the body are hidden in the grid below.

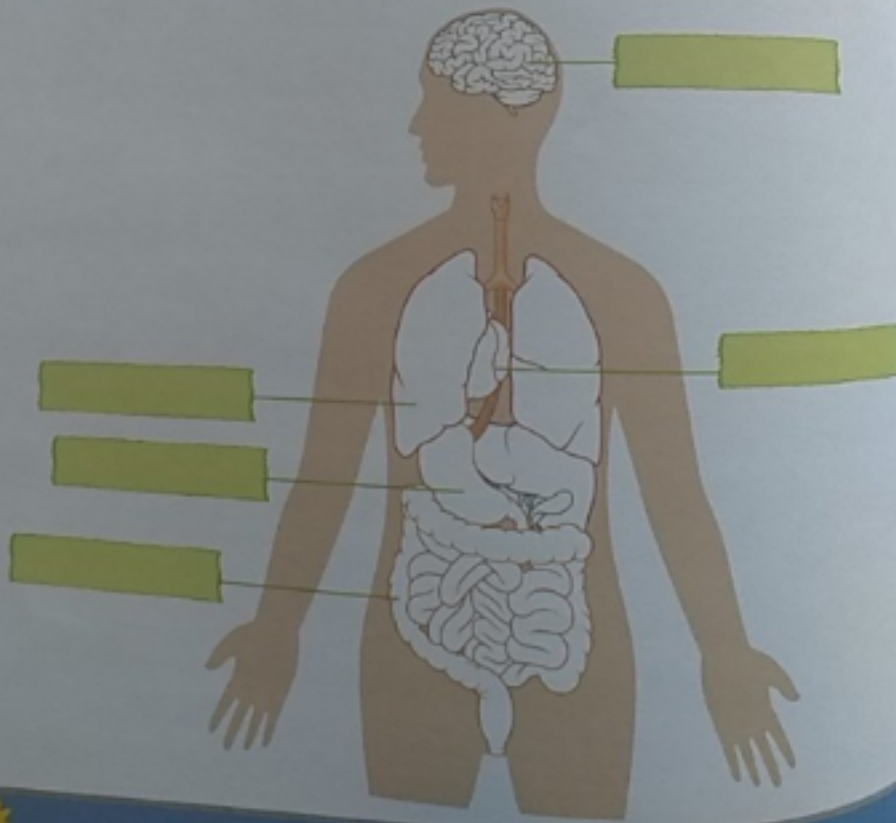
Find them and highlight them with different colours.

S	H	O	U	L	D	E	R	S
N	A	N	K	L	E	T	W	K
E	E	L	B	O	W	H	R	N
C	T	H	I	G	H	U	I	E
K	T	E	E	T	H	M	S	E
T	H	A	N	D	S	B	T	S
O	E	Y	E	B	R	O	W	S
E	F	I	N	G	E	R	S	N
C	E	L	I	P	S	E	H	A
H	A	L	E	G	S	Y	E	I
I	R	F	E	E	T	E	A	L
N	W	A	I	S	T	S	D	S

INSIDE OUR BODY

Label and colour the different organs of the body. Take the help of the description given below.

- Colour the brain in grey.
- Colour the heart in red.
- Colour the lungs in pink.
- Colour the intestines in yellow.
- Colour the stomach in brown.



My Senses

There are five sense organs in our body.

- ♦ They are eyes, ears, nose, tongue and skin.
- ♦ They help us to see, hear, smell, taste and feel.
- ♦ They make us aware of the things around us.



We can see things with our _____.

We can see objects of different shapes and sizes.

We can see objects which are **far** and **near**.

We can see colours. We can also read.

We can know the presence of certain things by hearing the sound with our _____.

We can hear **loud** and **soft** voices.

We can hear people talking and laughing.



Activity

- Ask your friend to blindfold you. Can you identify your classmates by the sound of their voice?



We smell with our _____. We can smell flowers in a garden, perfume on our clothes and if there is garbage lying nearby. Smell can be good or bad.

Activity

- Enter the kitchen when your mother is cooking food. How can you know what is being cooked without looking at it?



We can taste different food items—sweet, salty, sour and bitter with our _____.



Activity

- Close your eyes, keep your hands on the table and ask your friend to put different food items in your mouth one by one. Can you name each item by its taste?



Ask your friend to hold an ice cube on your cheek. It feels cold. We can feel objects like stone, jelly and water by touching them.



We can feel **hard, soft, rough, smooth, hot or cold** objects with our _____.

Activity

- Can you identify your classmate by keeping your eyes closed and touching the face?



**did
you
know**

Skin is the largest organ in the human body.



Practice Time

A. Complete the table given below. One is done for you.

Action	Sense organ used
Listening to a story	Ears
Watching TV	
Tasting ice cream	
Knowing how hot the milk is	
Getting to know burnt food	

B. Fill in the blanks.

- We can see _____ and _____ with the help of our eyes.
- Tastes are of four types _____, _____, _____ and _____.
- We can _____ with the help of our nose.
- Voices can be _____ and _____.



C. Answer the following questions.

1. How many sense organs do we have? Name them.

2. Which sense organ helps us to see?

3. How do you smell good and bad?

4. Which sense organ helps us to feel?

5. How do we know if the food is sweet or salty?

D. Fill in the missing letters.



N__se



E__r



H__n__



__yes



T__ng__e

Worksheet

SENSE ORGANS

Match the following pictures to the correct description.



- A child tasting a pastry



- A child smelling a rose



- A child reading a book



- A child feeling a soft toy



- A child hearing the horn of vehicle

Say this prayer in chorus in your class:

THANK YOU GOD FOR GIVING ME EYES,
THE MOST IMPORTANT SENSE ORGAN

